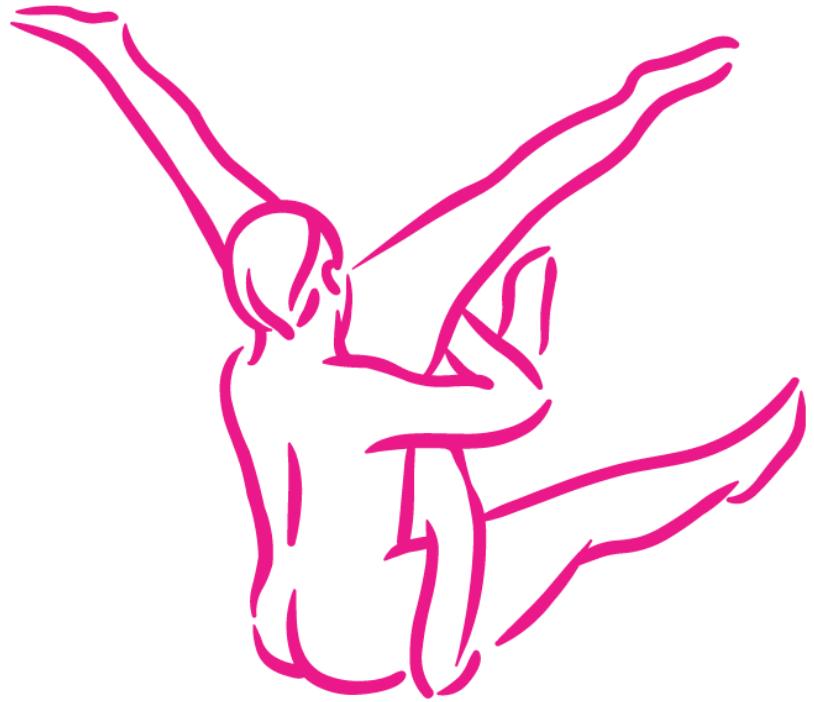


How-To Guide For Sex Toys



PRATISANDHI X MANZURI



CONTENT

The Much Needed Sexual Revolution	1
How To Talk About Sex Toys	3
Sex Toys: The Numbers	5
How To Pick The Right Sex Toy	6
How To Buy Your First Sex Toy	17
How To Use Your First Sex Toy	19
How To Clean Your Sex Toys	22
How To Store Your Sex Toys	25
How To Discard Your Sex Toys	28
Sexual Interest Inventory	33

The Much Needed Sexual Revolution



The taboo around sex impacts our society in a number of visceral ways — from a lack of pleasure in consensual encounters to the rampant perpetuation of harassment and sexual violence.

Manzuri and Pratisandhi are two organizations committed to breaking that stigma in their own ways, to replace our world with one that is well-informed and sex-positive.

Pratisandhi focuses on bridging the social and educational gap around sexual and reproductive health by providing workshops. A majority of Indian adults lack the resources to healthily navigate their sexual and romantic encounters and often end up looking for advice from uninformed and toxic corners of the internet. Pratisandhi's newsletters, manuals, and blogs fill this gap on the internet and provide a refreshing alternative for information and awareness on such subjects.

Manzuri is a sexual wellness startup that markets sex toys for everyone. From the outset, Manzuri recognized the lack of inclusivity and sex-positivity within the Indian landscape of sexual and reproductive rights and decided to take matters into their own hands. With their blog and Instagram handle @getcliterate_manzuri, Manzuri aims to destigmatize all things sex and pleasure and empower women by helping them embrace their sexuality. Their efforts have built a community that is sex and body positive and can provide a sanctuary for those who need it.



One such subject that receives the brunt of the stigma is self-pleasure, especially including sex toys. While there are inherent misconceptions like suggesting that sex toys create dependence or that they are a replacement for partners, there is also a lack of knowledge about where one can purchase sex toys.

Pratisandhi and Manzuri decided to collaborate on this manual to fill this gap and enable everyone's informed pursuit of pleasure — judgment-free!

How To Talk About Sex Toys



The sexual act involves a lot of conceptual understanding — gender roles, the effect of positions, the biology of the world, and the list can be extended by their respective experts. This manual is to hold an important deliberation that is personal but of public relevance — how to initiate a dialogue about the use of sex toys.

Sex toys are not just tools or equipment for someone's pleasure. A conversation about sex toys involves, at the very beginning, the conception of the idea that they only act as extended parts of one's sex life. Sex toys can act as an extension of one's body due to their effect on cognition. This idea drives on the relationship between neural ignitions and desire. Thus, the first point, which will also put forth the premise of one's purpose to discuss the topic with their partner or friends — sex toys do not become a substitute for sexual desire but with their help, you can avail a better sexual experience.

The second point of importance, and more so for people who want to sensitize unaware groups, is the prevalence of the taboos around the use of sex toys and the ways to overcome these taboos. Stigmas can lead to embarrassment for anyone who is not open about it initially. Thus, it becomes essential to counter the taboos with context-sensitive dialogue. A dialogic method would allow the host to mediate conversations between different minds in a group with varied or similar value systems. Stubborn minds cannot be helped; however, dialogue allows some people to put forth their inhibition against sex toys and their underlying reasons and fears.

It is vital that the advantages of sex toys are mentioned with clarity. They are used for overall body pleasure or organ-specific pleasure. Additionally, fears should not be discounted. Sex toy usage can have side effects if not used with proper information. Sex toys when used carelessly may result in infection or an over-dependence.



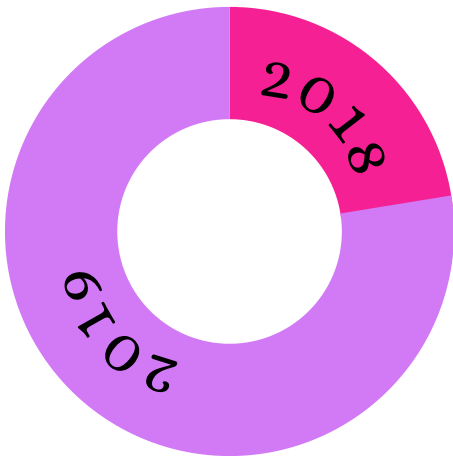
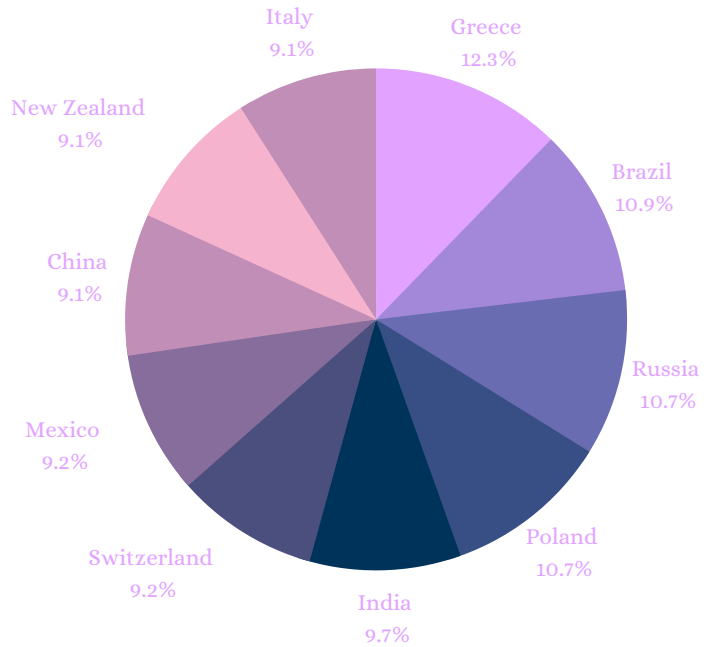
Lastly, sex toys are useful to improve relationships with one's self and also between two individuals. Conversations around them help to understand the pleasure of the body and to develop a mutual understanding about the bodies involved in the act. They are not substitutes and do not aim at making a world of single people. Sex toys only facilitate ventures with one's body, either singularly or with someone.

Sex Toys: The Numbers

Sexual Encounters Worldwide

Contrary to popular belief, India is actually the **fifth** most sexually active country in the world. Even if we owe a fair share of this figure to our vast population, the statistics imply that our country is a large market for sex toys.

Source: www.statista.com, 2014



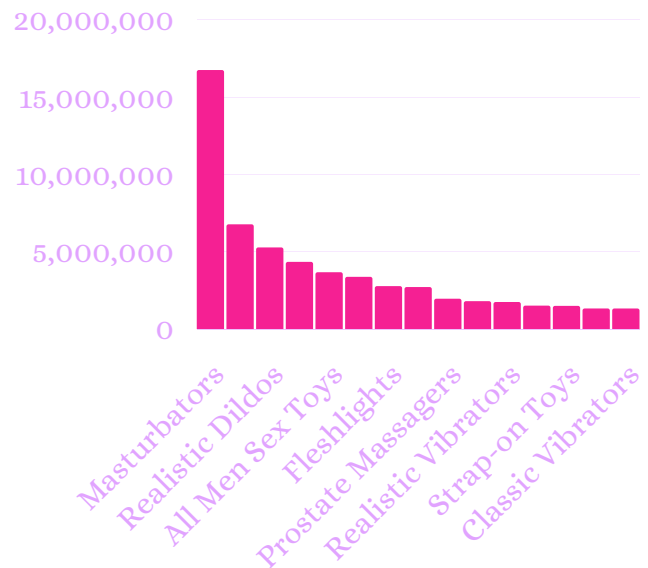
From 2018 to 2019, the search for sex dolls more than doubled, resulting in an increase of **245.71%** in the number of searches.

This is proof that India is not only an emerging market but a consumer of diverse sexual products that transcend demographic stratifications. The sex toys market in India has only upwards to look.

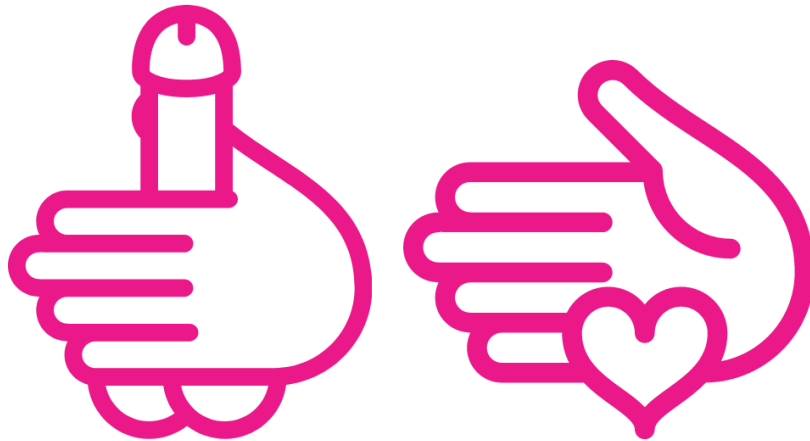
Most Searched Sex Toys in India

The number of users searching for sex products in India has increased, with a bigger proportion among the female audience.

Source: adultproductsindia.com, 2018-2019



How To Pick The Right Sex Toy



So, you've finally decided to hop on the sex toy train (or shall we say ride? wink). Good for you! It's no secret that sex toys make masturbation more fun. But did you know, sex toys can make a great addition to your relationship as well? According to a survey*, 31% of people said using sex toys with their partners helped improve communication between them which by extension improved their sex lives.

Pleasure ought not to be gatekept from anyone. The traditional narratives of vibrators and dildos being solely for women's pleasure is entirely false. The sex-positive truth that no one will tell you is that vibrations and penetration can feel good for all genders and sexualities. Further, the sexual activities you indulge in don't determine your sexuality! Whether that's enjoying pegging or being pegged or your feelings towards strap-ons — no one determines your labels but you!

*we-vibe.com

Here at Manzuri and Pratisandhi, we can't know for sure if there's truly someone out there for everyone but we promise you there's a sex toy built just for you! Whether you're looking for a little help while flying solo or something that can spice up your sex life with your partner(s), hopping online and browsing through a sex toy store can be quite intimidating for a first-timer. Lucky for you! We have put together a beginner-friendly how-to guide for sex toys.

To make this easy-breezy, lemon-squeezy, we've listed out toys based on the type of stimulation they provide. There are as many different sex toys in the market as there are different strokes for different folks! Before going in blind, identify your preferred stroke and ask yourself: which stimulation are you looking for? What turns you on the most — when you're having sex with your partner or flying solo? No one knows you better than yourself, so it's time to get exploring!



If you're a vulva owner you might want to think about whether you prefer external (clitoral) stimulation, internal (vaginal) stimulation, or both. If you're a penis owner, your options consist of penis stimulation, testicle stimulation, or prostate play. Of course, there is also anal and nipple stimulation, something that anyone regardless of gender can enjoy!

Toys for Clitoral and/or Vaginal Stimulation



For vulva owners, the clitoris is the powerhouse of orgasms. In fact, research shows* that about 75% of women can't orgasm by penetrative sex alone and nearly 50% have faked orgasms at least once. Toys that are designed to specifically stimulate the clitoris and the mysterious and elusive G-spot can literally help you bridge the orgasm gap in your bedroom. So what are you waiting for? Let's dive in!

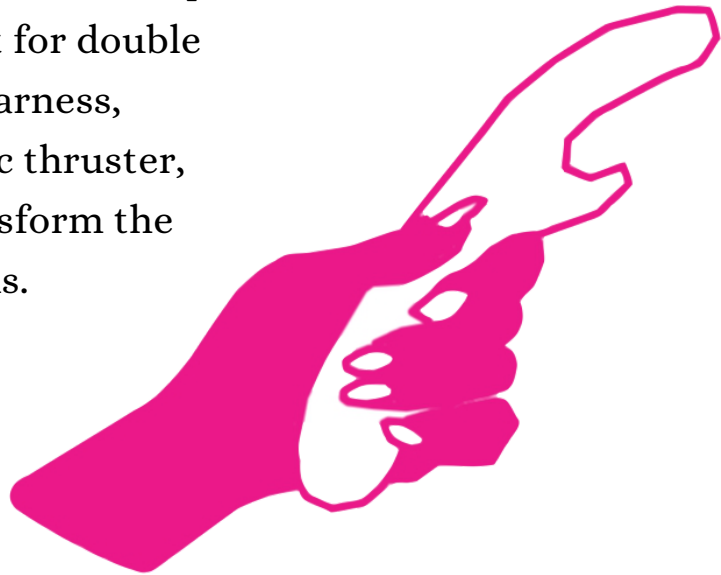
Dildos

If you enjoy penetration, this might just be the toy for you! Dildos are phallic-shaped toys intended for penetration. The key point to note here is that the phallic shape doesn't have to mean penis-shaped. As much as you can find realistic dildos out there you can also find smooth or textured dildos that do not resemble a biological penis.

Dildos, when short and girthy, find the G-spot every time. Whereas thin, long dildos can help stimulate the cervix or A-spot. For prostate stimulation, we recommend a thin, curved dildo with a base. The base is essential to make sure nothing gets lost up there.


*abcnews.go.com

When shopping for a dildo, have a rough size guide in mind and know where you want to use this dildo. If you're interested in using it as a strap-on, if you'd like a hands-free experience, whether you'd like to use it for double penetration, and so on. A harness, suction cup base, automatic thruster, or U-shaped dildo will transform the dildo to fit all of these needs.



Vibrators

When it comes to vibrators, always believe the buzz. Vibrators are one of the most popular sex toys for a good reason. They come in various types and provide different kinds of stimulation. Vibrators embody versatility. To pick a vibrator you should think about where you like being stimulated.

 **Wand vibrators:** Wands were popularized by none other than the very classy Samantha in *Sex and the City*, and they have had a meteoric rise (oops). Wand vibes — some of which are corded, while others are rechargeable or battery-operated — are generally known for packing a lot of powerful punch. They have a long shaft attached to a vibrating bulb at the top. This bulbous head is usually used to target clitoral stimulation but it can be used to stimulate your erogenous zones as well.

Rabbit vibrators: When you think of a vibrator, the rabbit vibrator is probably what you picture. Why pick between external stimulation and internal stimulation when you can have both?

The internal part of this vibrator can be used for penetration and to stimulate the G-spot. The rabbit ears can be used to stimulate the clitoris. If you're looking to achieve blended orgasms these are perfect. Besides their striking colors and little ears, they make a cute addition to your collection.



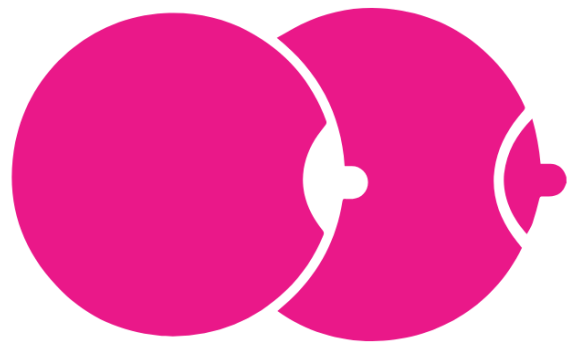
Bullet vibrators: These are sleek, sexy, and shiny vibrators. Bullet vibrators are named so because they look just like bullets with tapered ends that can be used for both direct clitoral stimulation and vaginal insertion. If you don't want to limit yourself to just one kind of stimulation you should go for this. It's also super small and effective making it an excellent travel-friendly vibrator.

Suction vibrator: If you're looking for stimulation that feels close to oral sex, opt for suction vibrators.

These toys use air technologies to create an intense sucking sensation. You can use suction toys to target the clitoris for a pulsing type of stimulation. If you want to experiment with a different kind of sensation, this is definitely the vibrator to go for!



Toys for Nipple Stimulation



The nipple is an erogenous zone of the body. Nipple and breast stimulation have been scientifically proven to increase sexual arousal in both men and women. So if you're someone who enjoys nipple stimulation, you can use nipple toys to take your nipple play to the next level.

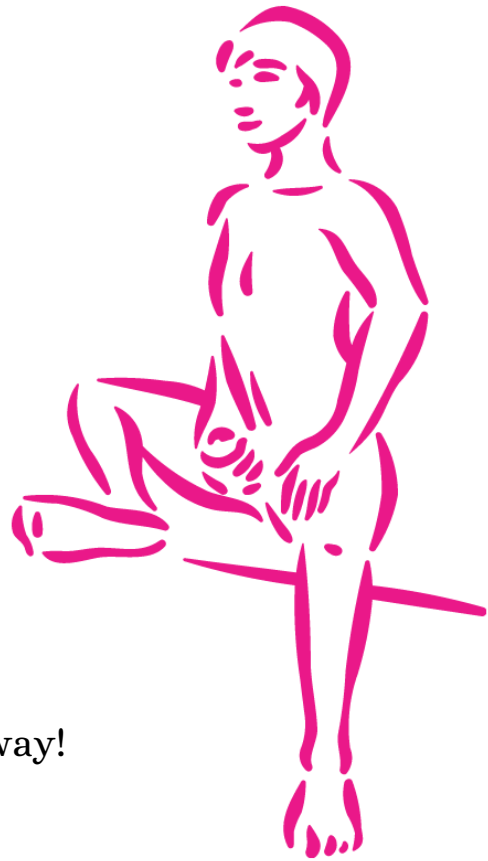
Nipple clamps

If the only thing you know about nipple clamps is that they're very painful, you might be wrong. Sure, if painful pleasure is your thing you can find clamps that suit those needs but clamps, in general, aren't meant to be painful. Nipple clamps work by pinching the nipples and restricting blood flow to the area.

How is this pleasurable? Well, when you take the clamp off and the blood flow returns to normal, it creates a rush of endorphins. The nipple becomes more sensitive and responsive to stimulation like touching, sucking, pinching, or licking. There are various kinds of nipple clamps that you can choose from based on the amount of pressure you'd like to apply. Some common beginner-friendly types are ***tweezers clamps, butterfly clamps, and alligator clamps.***

Toys for Penis and/or Testicle Stimulation

Whoever said sex toys are just for women clearly hasn't taken a look at the extensive range of products that cater to penis owners. Not only do these toys help make jerking off more fun, but they might also help reduce the risk of prostate cancer. Couple your apples with an orgasm a day to help keep the doctor away!

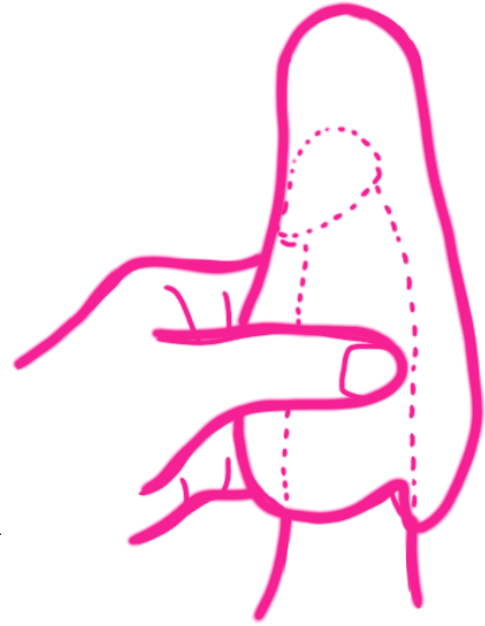


Masturbation sleeves

Masturbation sleeves are textured devices that work by encapsulating and stimulating the penis. The most popular "male sex toy", they're basically the penis version of dildos and they come in many variations from life-like anatomical ones to artificial synthetic ones. The infamous fleshlights are a type of masturbation sleeve that every penis owner swears by. If you're new to masturbation sleeves you can't go wrong with a good fleshlight!

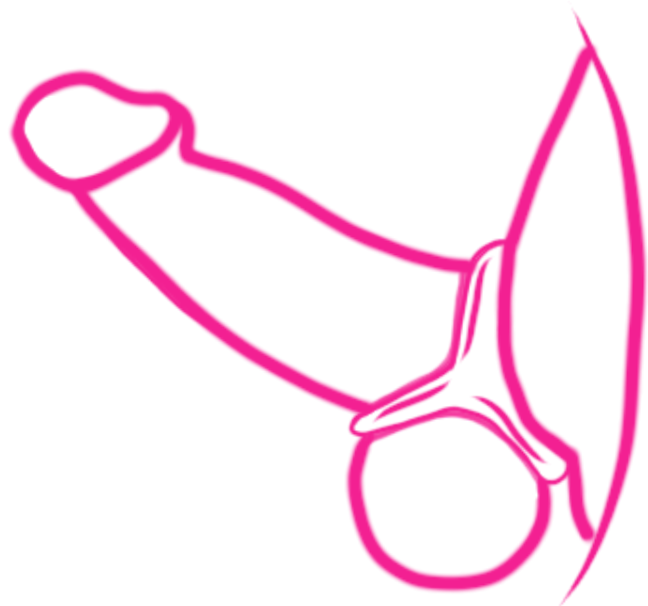
Cock rings

Cock rings are exactly what they sound like. Rings that fit around your penis. They work by constricting blood flow in the area where it is fitted and increases sensitivity and arousal. You can pick from different materials that suit your needs from silicone to leather and some are even available in hardwood or metal! Some cock rings are specifically designed to be adjustable and can even be used on your testicles. Cock Rings can be used solo and with a partner and some also have vibrators installed in the ring!

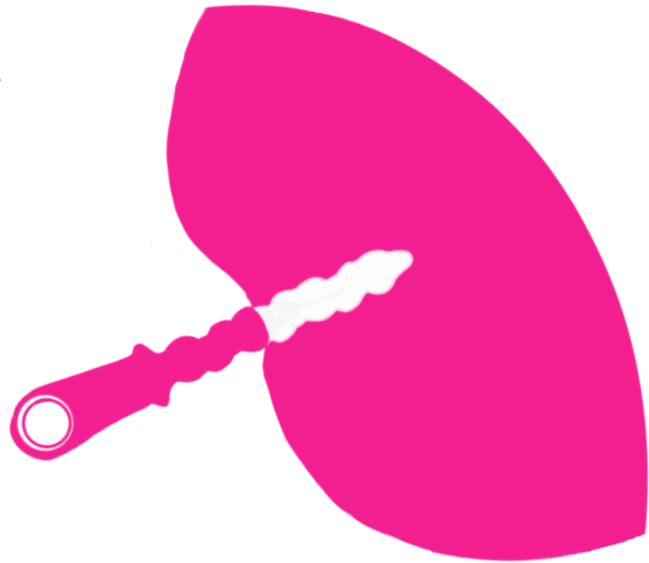


Textured strokers

These can be used for both solo play or along with a partner if you're looking for a different feel. It's pretty easy to use them, you just slide them on an erect penis to replicate the feeling of partnered sex. What's more, is they also come in a variety of glass designs! Who said sex toys can't look cool?



Toys for Anal Stimulation



It's 2021 and if you're still grossed out by anal play, then it's time for a reality check! The anus has a plethora of highly sensitive nerve endings that feel thrilling when stimulated. However, finding your way around anal play on your own can be a complicated thing. This is where anal toys come in! Whether it's for couple sex or a solo mission of backyard exploration, anal toys can improve your experience tenfold.



Anal vibrators

People usually associate vibrators with vaginas and clitorises but that's not the only place vibrators can be used. The great thing about anal toys is that everybody has a butt! Regardless of anyone's gender identity, the anus is full of pleasurable nerves and an area worth exploring that makes anal vibrators pleasurable for everybody.



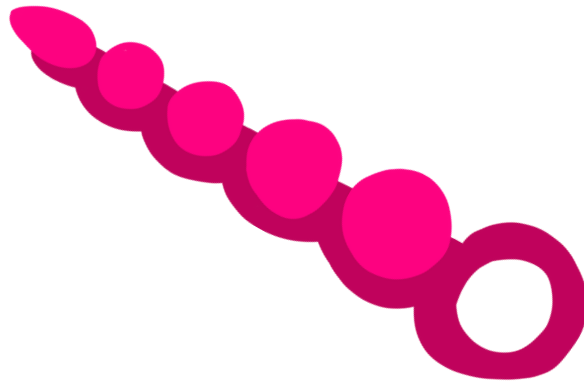
Butt plugs

Let's start with the most popular anal toys — butt plugs. Butt plugs are usually used to stretch the anus safely to prepare for anal penetration. Some people also enjoy the feeling of fullness in their butts. They have a wide and full base to facilitate their easy removal from the anus. They are available in different materials from medical-grade silicone to stainless steel and even glass.

Prostate massager

Want to try prostate play? Stimulate your P-spot with a prostate massager. We've heard of the G-spot but what's a P-spot, you ask? The P-spot is located approximately 3 inches inside the anus, sitting just behind the bladder. Stimulating this spot can lead to some intensely powerful orgasms in penis owners and a prostate massager is a great way to do that. Don't let their appearance scare you off, they're said to provide multiple orgasms!

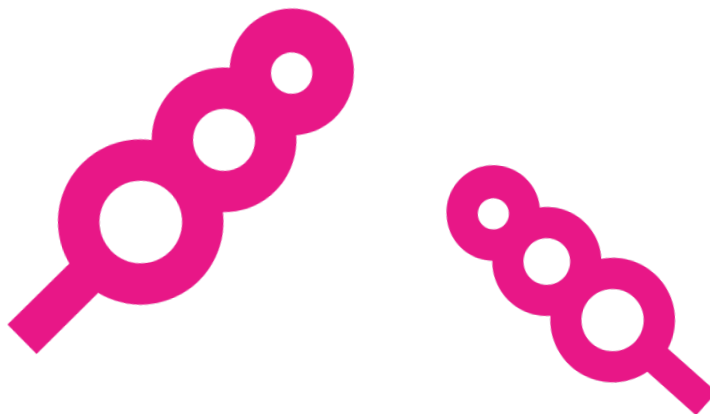




Anal beads

These are perfect for beginners to indulge in butt stuff as they come in varied sizes that you can gradually ease up. Anal beads also have wider bases so you can pull them out easily. Anal beads are designed to stimulate your nerves upon removal, so try to time the removal with your orgasm for enhanced pleasure!

Now that you're all ready to go buy your very first sex toy (or two!), we leave you with a word of advice – your sex toy will treat you only as well as you treat it! Make sure to clean your sex toy well before you put it away to avoid any nasty UTIs or even STIs if you're sharing the sex toy with a partner. With a little bit of caution (Condoms! Yes, even with sex toys) and a whole lot of lube, your sex toy can be the best companion you've ever known.

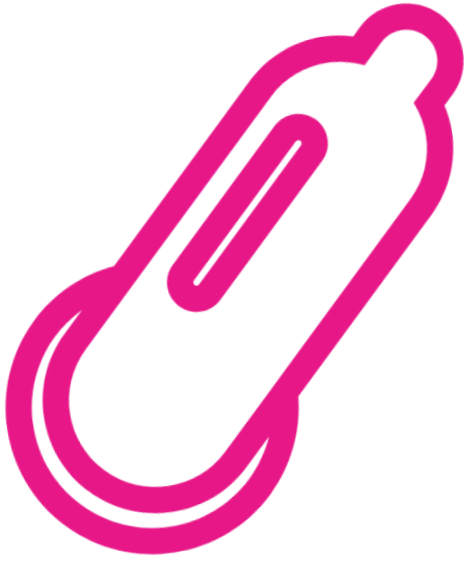


How To Buy Your First Sex Toy

Exploring sexual desires is fascinating, amusing, and at the same time crucial. Experiencing pleasure with your partner(s) or on your own accord can be amazing! And introducing sex toys to your bedroom will put a cherry on top of a perfect *'O'rgasm*.



Sex toys accomplish providing pleasure to individuals whilst being safe. They ensure that one can explore their preferences when it comes to sexual pleasure without compromising on one's fantasies. Even though we know sex toys are highly pleasurable, one might get intimidated and have a predicament while purchasing them. This is why we're here to guide you on how to buy your first sex toy.



Trying out different sex toys to explore your gender identity is normal. Sex toys like vibrators, dildos, and anal rings can be used by everyone no matter their sexual orientation or gender. So, getting them as your first sex toys might help in truly understanding your body and satisfying your orgasm.

Where can you buy your first sex toy?

Going to a store and asking for a 'sex toy' might be a little awkward but thanks to the internet you can save yourself from baseless stigmas which surround sex toys and purchase your toys in peace.

Here are few great places where you can purchase your sex toys without any worries-

- [Manzuri](#)
- [Love Treats](#)
- [That's Personal](#)
- [Pure Passion](#)



How To Use Your First Sex Toy

We have all heard that using a sex toy is extremely pleasurable. But how do we know how to use one? Well, here are some wonderful tips to help you out.



Make it special

This is a date with yourself and setting the mood is very important, so make sure you are aroused enough to kickstart your pleasurable journey. A toy isn't a self-contained magic show and your effort is what makes the experience exciting and pleasurable. Take a shower, dim the lights, eat your favorite food, or whatever it is that you like doing so that you are relaxed and ready! *P.S. Make sure your toy is fully charged and doesn't run out of battery mid-way.*

Take your time

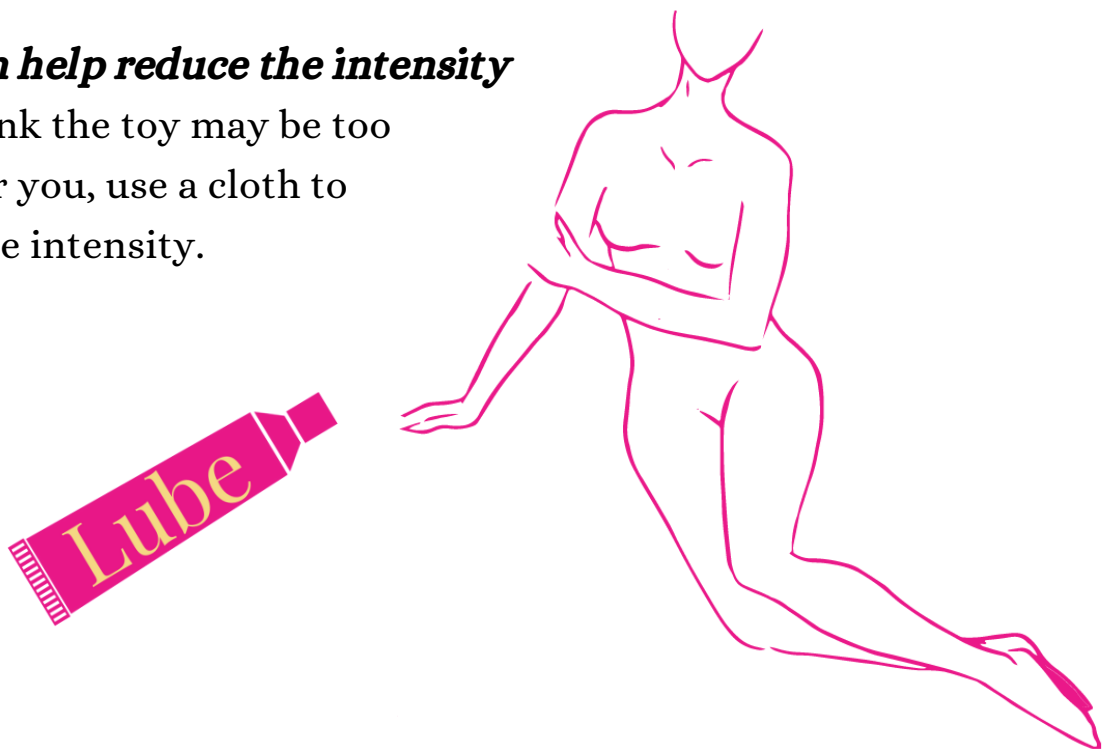
Performance anxiety doesn't help here. Take however long you'd like to. Be relaxed and don't worry about doing it perfectly since it is more about exploring your body.

Use lube

Lubricants help make your solo sex experience way more memorable. It helps make sex more comfortable – be it with your partner(s) or all by yourself. Masturbation can get frustrating if you aren't wet enough and the toy doesn't work properly. So, have plenty of lube ready.

Cloth can help reduce the intensity

If you think the toy may be too strong for you, use a cloth to reduce the intensity.



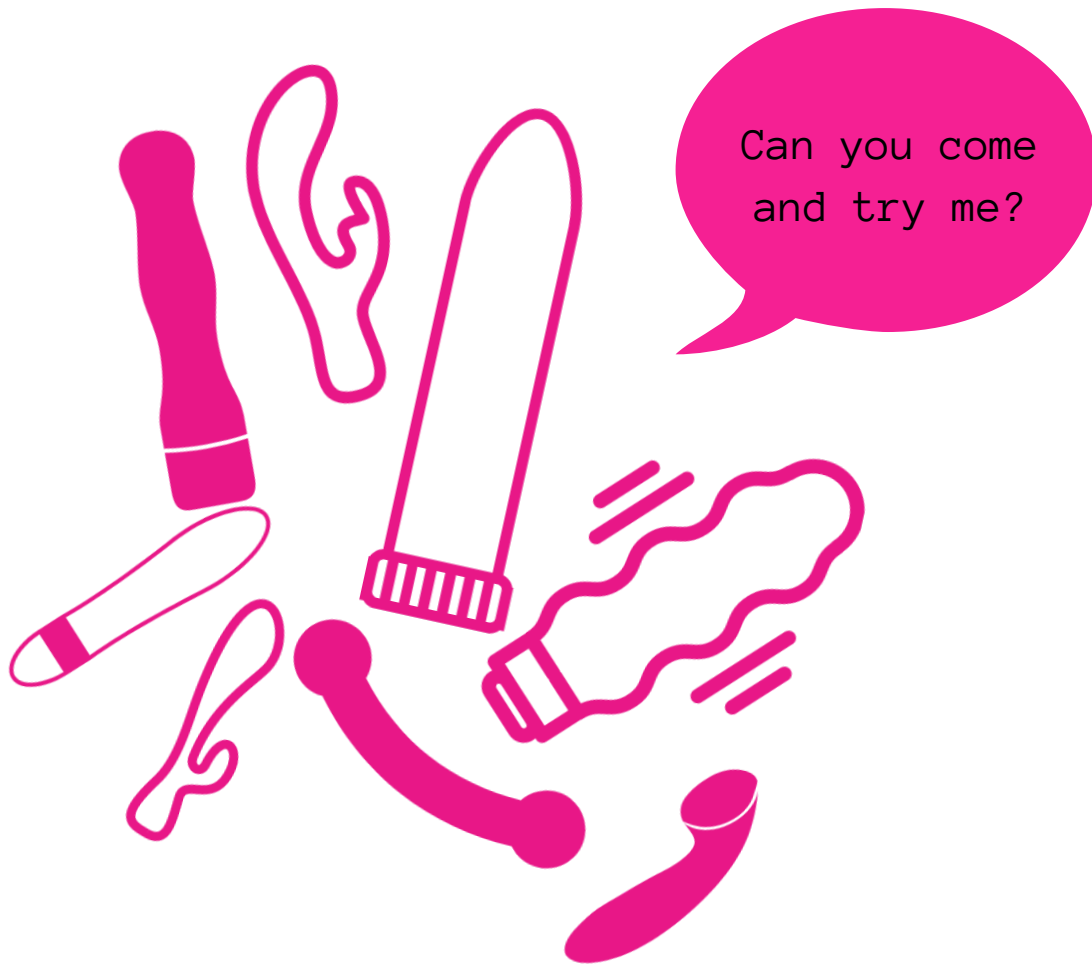
Explore to see what works for you

Just like how the pleasure one gets from partnered sex is based on a lot of different factors, one's experience with sex toys varies based on how relaxed one is, how one is moving the toy, the angle at which the toy is placed as well as one's health. See what is pleasurable for you and when it is so. Don't get disheartened if something doesn't work out well as you are exploring your body and understanding it better.



Try different toys together

See what fits for you by trying out a combination of different toys and sensations. Also, remember you can always do some manual stimulation.



Finally, remember this — if a sex toy doesn't give you any pleasure, it doesn't mean that there's something wrong with you. It could simply mean that some other type of toy might be a better fit for you. There is no single toy that everyone will surely like. Look out for what gives you pleasure and don't miss out on the fun, keeping in mind the ultimate goal is to satisfy yourself!

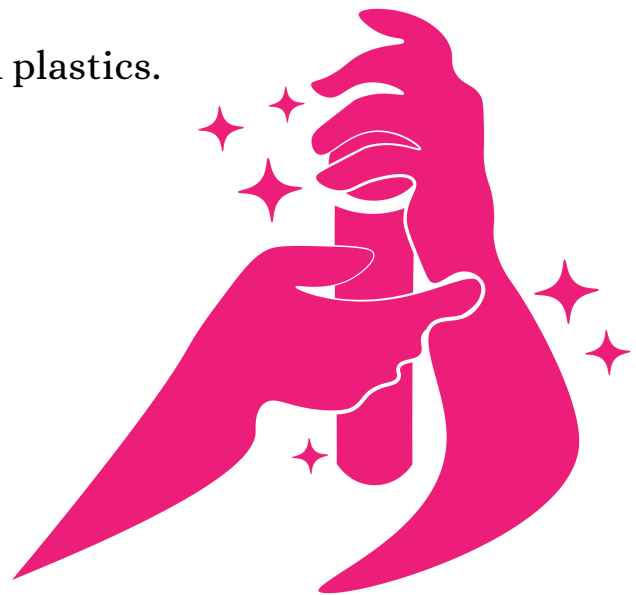
How To Clean Your Sex Toys

Vibrators, dildos, and anal toys come into direct touch with biological fluids. So, knowing how to clean them properly is crucial. Cleaning your sex toys doesn't have to be difficult but the consequences of not doing so can be catastrophic.

To understand how to clean your sex toy, you need to first understand what they are made up of.

Sex toys can be categorized into two broad heads:


- (i) **Porous**, like jelly or rubber
- (ii) **Non-Porous**, like silicon or hard plastics.





Check the packaging or search it up online to see what kind of material your toy is made up of. It's important to note right away that even if you clean your porous sex toys, you may not be able to remove as many germs as you would be able to with nonporous ones. So, save them for personal use or use them with condoms.

Once you have figured out what your toy is made of, you can find the most suitable method for cleaning it.



 **Non-Porous Without Battery:** If your sex toy falls under this category, you can either clean them with mild soap, damp washcloth, or you can sterilize by boiling them for 5-10 minutes.

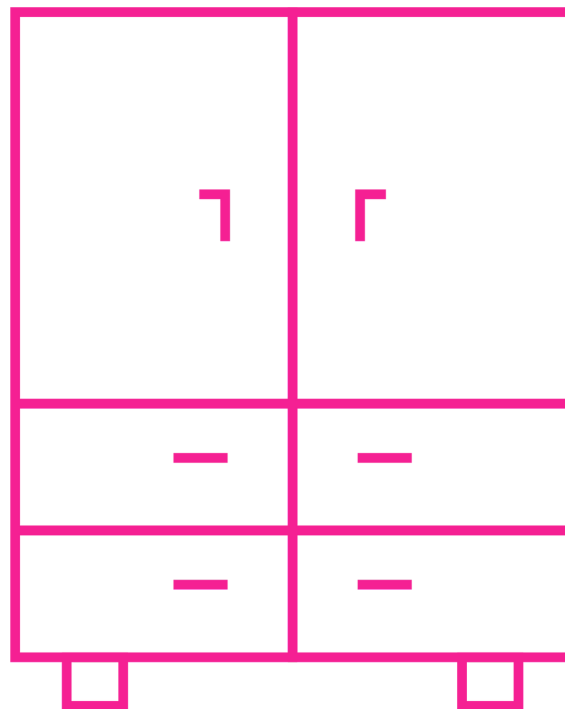
 **Non-Porous With Battery:** First and foremost, find a good, unscented, antibacterial soap. Now that you have figured out which soap you want to use, you can either wash it with mild soap or use a damp soapy washcloth to get rid of any bacteria on the surface and proceed to use a non-soapy washcloth to get rid of any soap residue on the surface.

 **Porous Material:** Cleaning them with soap might leave soap residue in the pores. It is advised to use a condom along with these sex toys. However, the safest way would be to clean them with a warm damp soapy washcloth. You can also use a toothbrush to clean out those pores.

Reminder: Clean your sex toy before and after use.

It might sound like too much work, but trust us, it's worth it. It will not only ensure hygiene but will also increase the lifespan of your toy. Once you are done using the toy, clean it up with a regular tissue for the time being, or use a toy cleaner, and then later you can wash them properly. Remember, using just the toy cleaner will not be as effective as washing them thoroughly via the methods mentioned above.

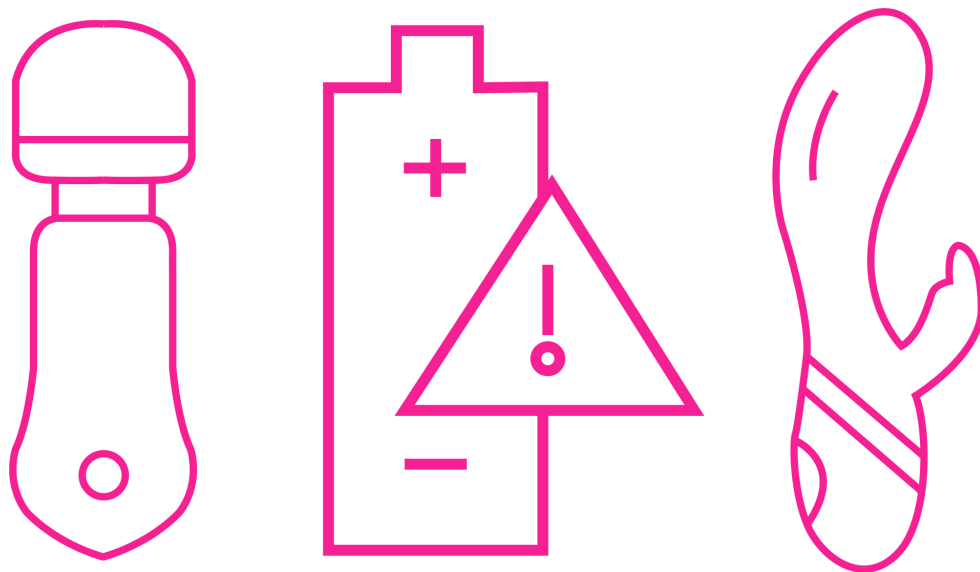
Although we have mentioned some general cleaning instructions for various types of sex toys above, it is always a good idea to consult your toy's manual for the best cleaning method. But one thing for sure, clean your sex toys for you and your partners' sexual well-being.



How To Store Your Sex Toys

While a lot of conversation goes around on the stigma around buying and using sex toys, we're missing out on an important conversation — storing and maintaining the hygiene of sex toys.

Regardless of the nature of your sex toy, it's imperative to store it in a safe and clean space to prevent any infections. A toy that's unclean or even wet from cleaning is prone to bacterial infections which can further lead to skin difficulties; an overall dreadful consequence of what is supposed to be a pleasurable experience.

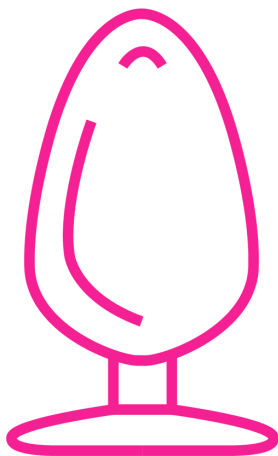
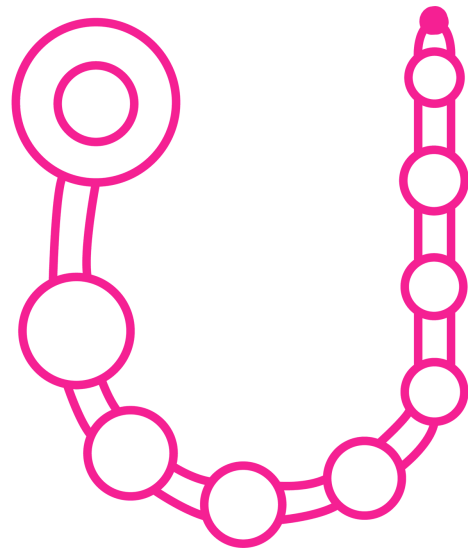


The basics of storing sex toys involve the convenience of the user. The container needs to be easily accessible in its placement, be big enough to give room for multiple sex toys to fit in comfortably, and storing porous and non-porous sex toys separately. Try using separate boxes for miscellaneous items like lube.

Things to remember while storing sex toys

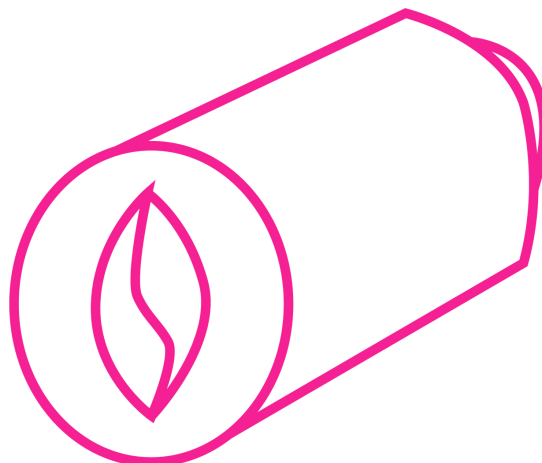
Remove the batteries before storing your sex toys

This helps in storing your sex toys better because you're no longer at the risk of the battery dying out quickly. It's also a way to increase the longevity of your sex toy considering you're preventing the risk of the batteries breaking down.



Buy special storage boxes for each sex toy

It's important to keep reacting materials separate from each other in case you store your sex toys together. Toys like dildos and vibrators that are usually made with silicone as well as various plastic toys are advised to not be kept together because they break each other down.



Be mindful of the material before storing it

It's always better to check the material that you're dealing with while deciding which storage medium to use instead of winging it and clubbing everything in one category. Most sex toys start getting damaged if not kept in dry and dark places for a long period of time.

Use dust bags

The most convenient and simplest way of storing your sex toy is to stick to the dust bags usually provided with your sex toy. Not only does it ensure that all sex toys are stored separately in a clean and dry place, but it is also the easiest way to locate each sex toy when required.



The conversation about the sustainability and longevity of sex toys is one that begins with effective cleaning and storing them. It's also equally important to acknowledge the unregulated nature of the sex toys industry. It's your responsibility to not rely on labels provided by the company but to also do your own research to build an understanding of how to look after your sex toys better.

How To Discard Your Sex Toys



You scaled the beast and purchased a sex toy for yourself. Probably using incognito mode, perhaps a friend’s address, and a hiding place — but you did it, you gifted yourself infinite orgasms. You were rewarded for your efforts, over and over, but now you find yourself wondering, “Where do all the broken sex toys go?”

Well, we’re so glad you asked. Sex toys shouldn’t be thrown out like bottles from that party you threw when your parents weren’t home. Read on to find out exactly when you should consider retiring your favorite toy and exactly how to go about it!

When do you throw out your toys?

We've all had fond relationships turn toxic, the phase where we ignore the red flags. Alas, your sex toys are no exception! Except this is the kind of toxic that itches, burns, and requires medical intervention. Here are some signs that you need to dispose of your sex toys immediately:



Your toys have nicks and tears

Sex toys require minimal but mandatory aftercare. They should be washed with antibacterial soap before and after every use, failure of which can cause bacterial infections in the genital area. Much like your favorite top, or mobile cover, no matter how well you take care of them — wear and tear is inevitable with regular use. Toys with knicks and tears, no matter how small, can be breeding grounds for bacteria. With every wash, be sure to keep an eye out for any snag in the material. We know it can be sad to have to let go of a favorite but this just means there's space to add something new to your collection. Wink wink.

Your toys have created their own rhythms

If your toys are motorized and rechargeable, and not battery-run, it's easy to predict the end of their function. If your toy vibrates at unusual intervals at different intensities without you having to change the settings, no matter how enjoyable, it's a sign that its end is near.



Your toys are training to be shape-shifters

Look, when we said your sex toy will bend over backward to please you, we weren't being literal! If your toys are made of malleable material and start to look like they're changing shape or bending, it's a sign that the material is slowly disintegrating. This is a cause for concern as they are now prone to breaking, tearing or malfunctioning. This, in turn, means lesser pleasure for you but more importantly higher risk of exposure to STIs.



Your toys are training to be chameleons

If your toys are changing color, it means their material is fading. Even if you can't see it, eroding material can accumulate fissures which provide another entry point for bacteria. Definitely not the kind of pain you want with your pleasure. Now that we know when to dispose of your sex toys, let's talk about how.



Where do you throw your toys?

This one's not on you, unlike old batteries or even sanitary napkins, your neighborhood recycling manual probably doesn't account for your dildo. Luckily for you, we created a manual to fill in the gaps and tell you how to safely and sustainably dispose of your sex toys. Ideally, we'd ask you to recycle your toys. In this scenario, you send it back to the manufacturer who then sterilizes the product and determines what can be reused. While manufacturers like Scarlet Girl and Sex Toy Recycling provide this service to international users, unfortunately, there isn't an Indian alternative (yet).

How to throw away your sex toys?



Step 1: Wash them

Keep in mind that in India, garbage is manually segregated. Make this a hygienic experience for everyone involved. Ensure that you thoroughly wash and sterilize the product.



Step 2: Remove the batteries, if any

This is crucial for safe disposal. Old batteries left inside unused devices often end up leaking. Coming into contact with the highly corrosive acid can be dangerous for you as well as the person segregating the trash.



Step 3: Wrap them in paper and pop them in the bin

Wrapping your toys ensures that whoever has to handle them is aware of their nature. This is also an opportunity for you to make this process discreet, rather than tossing your hot pink rabbit vibrator on top of vegetable peels!

Throwing out an old favorite can hurt, but we promise there are more fish out in the sea (psst, we mean Manzuri's Finding Dory). Don't hoard your old toys, get new ones and start a collection!

Sexual Interest Inventory

Do you and your partner(s) share the same sexual interest? Answer the following and share it with them. What you find out may surprise you!

MANUAL SEX

- Watch partner(s) masturbate
- Masturbate for partner(s)
- Mutually masturbate
- Genital stimulation (receiving)
- Genital stimulation (giving)
- Anal stimulation (receiving)
- Anal stimulation (giving)

SEX PLAY

- Nipple play
- Roleplay
- Anal sex
- Sex in water
- Sex in different locations
- Position experimentation
- Watching pornography

ORAL SEX

- Cunnilingus (receiving)
- Cunnilingus (giving)
- Fellatio (receiving)
- Fellatio (giving)
- Anilingus (receiving)
- Anilingus (giving)
- Swallowing vaginal secretions
- Swallowing penile ejaculate
- Mutual oral sex (sixty-nine)
- Edible lube and/or food

SEX TOYS

- Dildos
- Vibrators
- Nipple clamps
- Masturbation sleeves
- Cock rings
- Textured strokers
- Anal vibrators
- Butt plugs
- Prostate massagers
- Anal beads

CONTRIBUTIONS

Concept, Idea, Design

Avni Gupta
Itti Mahajan
Anshika Goel

Aastha Vohra
Isha Mahajan



Content

Vaishnavi Sharma
Akankshya Narayan
Kriti Raheja
Sonal Beniwal
Srishti Ghulani

Subhi
Uma Sathwika Manda
Isha Mahajan
Kavya Shah
Mahima Rachel

Cover, Illustrations, Graphics

Abhilasha Muttoo
Alfia
Anshika Maria Sunny
Gurleen Kaur

Itti Mahajan
Tanvi Mahajan
Vani Nirwan
Vijaya Srivastava

